

Brunswick Landing Marina Newsletter

Volume 2, Issue 9

1701 Newcastle Street, Brunswick, GA 31520
(912) - 262 - 9264

September 23rd, 2010

Real Risk and Real Consequences

Understanding the intensified effects of alcohol and drugs on the water

Boating under the influence of alcohol or drugs could cost you:

- Someone else's life
- Your own life
- Your driver's license
- The time, expense and shame of an arrest
- A fine
- Boat repairs from an accident
- Property damage from an accident
- Medical treatment

Essential boat operating skills adversely affected by alcohol and drugs:

- Peripheral vision
- Night vision
- Inhibitions
- Ability to distinguish colors
- Cognitive abilities
- Judgment
- Balance
- Coordination
- Reaction time

9 Offshore Safety Measures

1. Never go offshore with strangers unless you can verify ahead of time that at least some of them have offshore experience.
2. Don't be afraid to question the captain or owner about the safety gear aboard his ship.
3. Ask the captain or owner about key maintenance issues, such as engine service, through-hull inspections, rigging inspections, etc.
4. Get the most accurate, up-to-date weather forecast possible and know how to interpret the data.
5. Familiarize yourself with your route by studying the charts ahead of time.
6. Be prepared by knowing how to run the boat yourself, if necessary.
7. Learn the basic functions of the ship's navigation and communications equipment before you leave the dock.
8. Carry a personal backup GPS and laptop loaded with appropriate charts capable of running on self-contained batteries.
9. Do not add to or make any last minute changes to this ship's systems or electronics without a thorough evaluation and testing of this new gear.

Upcoming Events

Every Wednesday around 6pm throughout the month we invite you to attend a casual get-together for our boaters. Please bring your own beverages and appetizers to the bathhouse located between Dock 9 and Dock 10. See ya there!

October 1st—The First Friday of each month in Downtown Brunswick restaurants and stores are open 6-9.

November 6th—*Brunswick Stabilee* at Mary Ross Park: It's time to prepare to either be a participant or a spectator. Tickets are \$6 in advance and \$9 at the door. Call the dock office for information.

Tuesdays, Thursdays, and Saturdays—Farmer's market at Mary Ross Waterfront Park, one of the properties adjacent to Brunswick Landing Marina.

Congratulations

1. **Stephen Hancock** is the new owner of *White Cloud*, Dock #8.
2. **Jan and John** just sold their boat *Solitude*. We will miss you and good luck in your travels!

Welcome New Boaters

1. Mr. & Mrs. Tom Cummins, *Hot Water*, Dock #7

Welcome Back

1. Mr. & Mrs. Tim Boviard, *Kitty Wake*, Dock #5
2. Mr. Frank Pearson, *Reliant*, Dock #15

Technology can keep you safe

1. Easy-to-access online weather forecast programs can show the location of threatening conditions before departure.
2. Ship's satellite communications systems and electronic navigation programs can keep the crew from heading into dangerous conditions.
3. Marine weather forecasts and professional routing services can help the crew chart their course around severe conditions and keep them updated to changing conditions.
4. Satellite telephone service can provide more reliable emergency communications than VHF or SSB.
5. An AIS system will help identify and locate the vessel in distress.
6. A DSC VHF radio can send an automatic "Mayday" identifying the vessel, and when connected to a GPS, the exact location.
7. An EPIRB signal will provide rescuers with the exact location of a distressed vessel.

Travel reports from our boaters

I began sailing in 1982 on a Catalina 22 and always dreamed of having a larger sailboat when I retired. After 35 years in education I did retire in 2005 and got my dream boat in 2006, a 1986 32 foot Gib'Sea. My 5-year plan included sailing at least 10,000 miles, which I am happy to say, I have done. In addition to short trips to Fernandina Beach, St. Augustine, and Blackbeard Island, I have taken my boat, *Martini*, to the Bahamas twice. In 2008 we went to the Abacos for six weeks and visited Treasure Cay, Hope Town, Spanish Cay, Marsh Harbor and of course Guana Cay and "Nippers." In 2009 we returned and got into the Exumas and as far south as Staniel Cay, which is where they filmed a small part of the movie Thunderball with Sean Connery as James Bond. This year in March I crewed on *Celebration*, (a 42 foot Tayana) on a trip to the Exumas, and we are talking about leaving either in November of this year or March of 2011 and going back down the Exumas to Georgetown. I suspect both *Celebration* and *Martini*, along with others, will be going. I have been as far north as New Bern, NC and my dream trip is to sail to Ireland. I figure the trip will take 23 days and involves only two turns: left at Bermuda and right at the Azores.

Many of the boats at the Brunswick Landing Marina are regularly used, but some are not. I am a happy member of the Brunswick Power Squadron and the Golden Isles Sailing Club and have gone on trips with both groups. If you have not taken your boat out in a while and are interested, there are lots of activities planned in which you can participate. We often forget how lucky we are to live where we live, to have a great marina, and to have the boats we have. By the way, my new 5-year plan is to sail *Martini* at least another 10,000 miles, including the Florida Keys and Bermuda. Happy boating!

-Jack Sterrett, Dock 5

(If you have a story to submit please email it or take it to the dock office on Dock #1)

Storage Checklist

Before you wrap your boat for off-season storage, here is a winterizing to-do list:

- Pull out the batteries so they do not freeze and/or explode during winter.
- Winterize the power train, making sure no water remains in the engine or drive.
- Drain and/or treat the fuel system with a gasoline stabilizer/ethanol treatment.
- Remove the boat drain plug so any water can drain out of the bilge.
- Make sure the boat/trailer is bow-up slightly, so water drains aft.
- Remove any wet items such as life jackets or leaves that can cause mold or mildew.
- Leave all storage compartments open to help prevent condensation.
- Make sure the cover has vents so that air can keep moving to carry away any moisture.

(All of these services are offered by Brunswick Landing Marina. Call ahead, space is limited.)

Recipe of the Month

Crispy Fish Tacos

Ingredients:

- 5 tablespoons Wondra flour
- ¼ teaspoon cayenne pepper
- ¼ teaspoon ground cumin
- ¼ teaspoon salt, or to taste
- ¼ teaspoon ground white pepper
- 1 pound tilapia fillets, cut into 1-by-2 inch strips
- 1 ½ tablespoons canola oil
- 8 soft corn tortillas, warmed
- canola oil cooking spray
- Avocado-Mango Salsa

Directions:

In a medium bowl, combine the Wondra flour, cayenne, cumin, salt, and white pepper.

Place the tilapia pieces in the flour mixture, then toss to coat well. Shake the fish fillets gently to remove excess flour.

In a large nonstick skillet over medium-high, heat the oil. Add the fish, placing each piece in a bit of the oil. Cook until the bottom side is crispy and golden, 2-4 minutes.

Turn and cook until crispy, another 2-4 minutes. Serve immediately with warm corn tortillas and Avocado-Mango salsa.

Serves 4.

Avocado-Mango Salsa

Ingredients:

- ¼ Tablespoon ground chipotle chili powder
- ¼ teaspoon ground coriander
- ¼ teaspoon kosher salt
- 1 small Hass avocado, peeled, pitted, and cut into ½ inch pieces
- 1 ½ teaspoon ground white pepper
- 1 small, ripe mango, peeled, pitted and cut into ½ inch pieces
- 3 tablespoons lime juice

Directions:

In a small dish, stir together the chipotle, coriander and salt. Set aside.

In a medium bowl combine the avocado, mango and lime juice. Toss lightly. Add the reserved spice blend and toss to coat.

Serves 4.