

# Brunswick Landing Marina Newsletter

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## Be cautious when using Ethanol

Ethanol is a solvent, de-greaser, cleanser, antifreeze and most problematic is ethanol's "hygroscopic" properties. Hygroscopic and miscible means ethanol attracts and absorbs water.

Ethanol fuel blends rapidly absorb 50 times more water than non-ethanol fuel blends.

**Ethanol fuels are not suitable for marine engine use.** Many have unsuccessfully requested government exemption for ethanol in marine engines. For example, air crafts are exempt.

Being a solvent and de-greaser it also adversely effects boat parts and components. It breaks down the fuel i-products that have attached themselves to the walls of fuel tanks that get dispersed throughout the engine eventually causing failure.

Since it is alcohol that is added to the fuel, a lot of rubber components start to break down in fuel pumps and fuel lines.

Fortunately for all Brunswick Landing Marina customers, **all of our gas is 100% ethanol free!**

## Dealing with Seasickness

1. Do as much as you can before shoving off. It takes a cast-iron stomach to work in the galley or navigate at the chart table before the body has adapted to the motion of the boat.
2. Avoid alcohol for 48 hours before departure. It is recommended that you avoid anything to which your stomach is sensitive — grease, hot spices, salt, sugar, caffeine — for at least three days before departing.
3. Take preventative medications 12 to 24 hours before departure. While most of the medications are supposed to be taken a few hours before travel, many people find that they work better if taken much earlier.
4. Shake it up and shed some light on it. Starting out with a few daysails in bouncy conditions before heading offshore will go a long way toward helping the crew to adapt. Leaving at the time of a full moon makes the first few nights at sea easier for some sailors.
5. Set up the boat to limit time below. Before slipping the dock lines and heading out on an offshore passage, make sure that everything is stowed and lashed securely on desk and down below.
6. Avoid seasickness triggers. Visual stimuli (e.g. a moving horizon), poor ventilation (of fumes, smoke, or carbon monoxide), and emotion factors (e.g. fear or anxiety) commonly act with motion to precipitate an attack.
7. Eat and drink in small amounts. Small amounts of fluids and simple food should be consumed frequently during extended travel.
8. Learn to recognize early symptoms and take action. It might be excess salivation and swallowing frequently, yawning, a slight headache, lethargy, or any of half a dozen other indicators.

## Upcoming Events

**Every Wednesday** around 6pm throughout the month we invite you to attend a casual get-together for our boaters. Please bring your own beverages and appetizers to the bathhouse located between Dock 9 and Dock 10. See ya there!

**October 30th**—Boater's Flea Market! 9am @ Dock #1. Bring your goods for sale, trade, or barter.

**November 6th**—*Brunswick Stubilee* at Mary Ross Park: It's time to prepare to either be a participant or a spectator. Tickets are \$6 in advance and \$9 at the door. Visit the dock office for information.

**November 25th**—BLM Thanksgiving Party. 3pm boater's lounge between docks 9 & 10.

**Tuesdays, Thursdays, and Saturdays**—Farmer's market at Mary Ross Waterfront Park, one of the properties adjacent to Brunswick Landing Marina.

## Congratulations

1. **Carl King** - the new owner of **Satori** on Dock #12

## Welcome New Boaters

1. James Hamrick, **Just Limin**, Dock #2
2. Lee McMakin, **Lake Trail**, Dock #2
3. Mike Dooley, **Mi Jenn III**, Dock #4
4. Chuck Morrell, **Star Gazer**, Dock #9
5. Glenn Westervelt, **Step Two**, Dock #11
6. Roy Whitehead, **R&R**, Dock #12
7. Dirk van Westreenen, **Destination**, Dock #12
8. Douglas Hamilton, **Chanteuse**, Dock #13
9. John Jaeger, **It's Only Money**, Dock #15
10. Larry Smithers, **Black Dock**, Dock #15

## Welcome Back!

1. Craig and Mary Farnsworth, **Rum Tum Tiger**, Dock #2
2. Mr. & Mrs. Jones, **Honky Dory**, Dock #6
3. Robert Mitchell, **Carrie May**, Dock #8
4. Paul & Claire Smith, **Our Turn**, Dock #10
5. Mr. & Mrs. Vollrath, **Swell Horizon**, Dock #11
6. Nat Mosery, **QA2**, Dock #14

## Don't be a Victim

### 10 Tips for traveling safely

1. Dress and act like a local to avoid being a target. Anglers usually rank low here with our conspicuous rod tubes, bulky luggage, gregarious nature and high-tech clothing.
2. Public transportation can be risky. Make sure to verify a taxi's credentials before entering. Becoming familiar with two or three reliable taxi drivers and having them "on call" is a good idea.
3. Follow the charter routine. A good resort/charter operation greets their clients at the airport or other arrival points and provides a safe ground or domestic air transfer to the final destination. Making the transfers yourself might save a buck or two, but it may not be wise.
4. Partake in activities like bars, casinos and nightlife in moderation and with friends. Avoid food and drink offerings from strangers — they might be drugged, a growing practice in Latin America and Southeast Asia. Regarding "recreational" drug use, don't even consider it in a foreign country where penalties can be extremely harsh. Make sure all prescription medication is properly labeled and in its original bottle with your name on it; otherwise, you might run into trouble when bringing it back into the United States.
5. Communication is critical. If your cell phone doesn't work in a different country or is costly to use, purchase an inexpensive local phone and program important numbers into your contact list.
6. Do your research before renting a car. Driving in a strange country with possible different rules of the road, lane direction, poor signage and signals, aggressive drivers and poorly maintained roads can turn into a nightmare. Before arrival, study a road map of the city, outline a conservative route, ask questions regarding current road conditions or changes and don't drive at night. In many countries, car rental agencies can provide a driver at a reasonable cost if you ask in advance.
7. Carry a lean wallet. Take out unnecessary credit cards, your social-security card, irreplaceable items or other valuables from your wallet and leave them at home. Keep your passport, credit cards, cash and airlines tickets in the hotel or room safe. Keep a copy of your passport photo page with you at all times, as well as your driver's license and credit cards.
8. When carrying valuables, avoid fanny packs, handbags and outside pockets. Distribute cash and other valuables inside pockets or a hidden money belt. Carry minimum cash at all times.
9. Keep your luggage close. Stay with your luggage until it is checked behind the airline counter or into your hotel room.
10. Avoid crowds. Political gatherings, nationalistic soccer matches and even public recreational events can turn into mob scenes or individual crime incidents with you as a target.

## Bahamas Bag Limits

Bahamian authorities strictly regulate fishing in their waters. You must keep your fishing permit aboard your boat at all times, though if you fish with a local or on a local boat, you won't need an individual fishing license. Your boat's fishing permit is valid for hook-and-line fishing only, and you may troll no more than six rods at a time.

- **Lobster or crawfish:** 10 tails per vessel at any time. Closed season is April 1st—July 31st)
- **Conch:** possession limit of 6
- **Demersal fish** (grouper, snapper): 20 pounds per vessel
- **Migratory species** (wahoo, kingfish, tuna, and dolphin): 18 fish (combined species) total per vessel.
- **Billfish** (marlin, sailfish, or swordfish): Catch and release
- **Stone crabs:** Claw must be over 4 inches; females are prohibited
- **Turtles, coral, or sea mammals:** Not to be taken

## Recipe of the Month

### Coriander-crust Salmon

#### Ingredients:

- 3 tablespoons ground coriander
- 1 teaspoon kosher salt
- 1 teaspoon pepper
- 4 Salmon Filets
- 2 tablespoons pure olive oil

#### Directions:

1. **Preheat** large sauté pan on medium-high 2-3 minutes. Combine coriander, salt, and pepper; then coat both sides of fish (wash hands).
2. **Place** oil in pan, then add fish; cook 3-4 minutes on each side or until 145°F and fish flakes easily.

