

Brunswick Landing Marina Newsletter

Volume 3, Issue 5

1701 Newcastle Street, Brunswick, GA 31520
(912) - 262 - 9264

May 24th, 2011

Great Hill Storage Rates!

\$7.50 per foot per month
Limited Space Available
For boats 35' up to 75'

What to do when aground

There are two kinds of boaters: those who have run aground and those who refuse to admit it. The facts are, navigational aids can, and do, drift off-station; every sounding on every chart isn't accurate; and, well, we've all suffered distractions. Here's what to do if your boat's draft should suddenly exceed the water's depth.

1. Check out the bilge and all hull penetrations (transducers, engine mounting bolts, pod flange rings, rudder posts, shaft logs and any fitting that penetrates the hull below the waterline) before trying to dislodge and, as a result, possibly making a bad situation worse. You might have put a hole in the hull, ruptured a through-hull fitting or bent an outboard or stern-drive mounting bolt. Aground is better than sunk.
2. No leaks? Next make sure the engine's cooling water intake won't suck up mud and sand. Kill the genset. Many an engine overheats when the operator tried to power off a grounding and clogs the intake. Raise the drive, shift weight to raise a through-hull off the bottom, and proceed slowly to stir up as little muck as possible.
3. Once off, go easy on the throttle. A bent shaft or propeller can cause more damage in operation than most groundings will.
4. If there's current, you may be able to get off by rocking the boat. Have the crew move from port to starboard. Each time the boat leans, the draft decreases, hopefully allowing the current to move the boat a few feet. Repeat until afloat.
5. "Hard aground" means you're high and dry, with little chance of getting off until tide rises. "Soft grounding" usually results in little more than scraped paint.

Upcoming Events

June 3rd—The First Friday of each month in Downtown Brunswick restaurants and stores are open 6-9.

Every Wednesday—around 6pm throughout the month we invite you to attend a casual get-together for our boaters. Please bring your own beverages and appetizers to the bathhouse located between Dock 9 and Dock 10. See ya there!

Tuesdays, Thursdays, and Saturdays—Farmer's market at Mary Ross Waterfront Park, one of the properties adjacent to Brunswick Landing Marina.

Tips for Provisioning for a Cruise to the Bahamas

Every May, as the gulf Stream swings closer to Florida and the seas grow calm and inviting, people make their annual crossing to the Exumas, where they spend the summer surrounded by the spectacular scenery of the Bahamas Out Islands. After preparing for this trip for a more than a dozen years, I've gotten provisioning down to a science. Usually, it takes me three days to buy, stow, and inventory provisions for three-month stay in the islands. Here are some tried-and-true tips I've learned along the way:

- Plan menus in advance. There's nothing as frustrating as starting to prepare chicken curry out at anchor, far from the nearest store, only to discover you've forgotten the curry powder. Plan dinner menus ahead of time, compile the ingredients into a single list, buy and store them on board; not only will this ensure you have everything on hand for every favorite dish, but it will also help you cut down on waste.
- Do the math. If you know your basic daily use and consumption of staples during a typical cruise, you can use a calculator to figure out how much of each product to buy and stow, right down to the last roll of toilet paper.
- Pack some surprises. Buy cards for birthdays, graduations, anniversaries, and any other occasion that might come up while you are cruising. Be sure to add birthday cake mix, frosting and candles to your list. You'll get big points for throwing a birthday party with all the trimmings in the islands, where no one will expect it!
- Stock up on prescriptions. If you are setting out on an extended cruise, in addition to your ship's medical kit, be sure to lay in enough prescription medications to last the whole voyage.

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Things to Know Before You Tow

Make sure you have a bilge pump in the tender with a float switch hooked up. A slow-powered bilge pump should work well for this purpose. Is that pad-eye sticking out of your tender's bow strong enough to take the forces and constant working that it will experience, even on the calmest Gulf Stream crossing?

The most important decision to make is how you are going to tow your boat, with a single line or with a bridle. With a single, properly designed, tow bit one line will do just fine using a sliding bridle attached to a 100-foot length of proper diameter, floating polypropylene line.

The U.S. Coast Guard recommends towing the tender on the back of the second wave behind the mother boat. It is always a good idea to have someone sit in the cockpit facing aft and watching the tow. If you have CTV aboard, train a camera on the tow and watch it from the comfort of the helm station. Insured or not, you'll want to keep an eye on that investment following you. There are few feelings that match realizing you have lost your tender only after you've arrived at your destination!

Signal Mirrors

If you get in trouble, attracting the attention of rescuers can be difficult. Mirrors are one of the simplest, most convenient ways to signal distress, and they have a longer visual range than you'd probably give them credit for. Commercially available and relatively inexpensive, signal mirrors can be pocketed in a life jacket or worn on a lanyard.

Recommendations: Stay away from substitutes, such as CDs or pocket mirrors without sighting holes. CDs reflect much less light than a quality mirror. Pocket mirrors, meanwhile, do not have the sighting hole necessary for an aimed signal.

Aircraft: Signaling aircraft can be tricky. They move quickly, and pilots can generally see only ahead and to the side of an aircraft. Signaling an aircraft directly overhead or going away from you with a mirror is a waste of time.

Laser Flares: More recent arrivals to the visual distress signal family are laser signaling devices. These handy devices have the capability of providing a strong signal light both day and night by spreading beam of light; the farther the distance, the wider the beam, improving your chances of being seen.

Tip: Practicing with the mirror before you need it ensures that, if and when you ever have to be rescued, you already know how to use it. Start by trying to make the sun's reflection dance across a nearby boat or building, and then work your way out to objects at greater distances.

Bottoms Up!

Pom-Arita

- 1.5 Oz. tequila
- 2 Oz. pomegranate juice
- .5 Oz fresh lime juice
- .5 Simple syrup
- 1 Lime wedge

Pour tequila, pomegranate juice, fresh lime juice and simple syrup in a big beverage bottle. Pour into plastic cup filled with ice, toss in lime wedge, and drink. Or mix individually in blender with ice.

Recipe of the Month

Pan-Seared Mahi Picatta

Ingredients:

- 2 Lbs. Mahi filets
- 2 Tbsp. flour
- 2 Tbsp. olive oil
- 3 Tbsp. lemon juice
- 1/4 Cup white wine
- 1 Lemon, sliced thin
- 2 Tbsp. butter
- 1 Tbsp. capers
- 2 Tbsp. fresh parsley
- Kosher salt and pepper to taste

Preparation time: 15 minutes

Cooking time: 25 minutes

Serves: 6

Directions:

In a large skillet, heat olive oil over medium high heat. Season mahi filets with salt and pepper and dust with flour. Pan-sear until just cooked through, about 4 minutes per side. Remove from heat and keep warm. Melt butter in the same skillet. Add lemon and white wine scraping up brown bits, and simmer 5 minutes. Add capers, parsley and mahi, cook until heated through.

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We are pleased to tell you that due to the large number of returning and new customers we've had to add this third page!

1. Mr & Mrs Scott, **Traveller**, Dock 12
2. Mr & Mrs Hansen, **A Knot R Phase**, Dock 11
3. Mr & Mrs Carlson, **Easy Riders**, Dock 4
4. Mr & Mrs Detherage, **Island Dreamin**, Dock 10
5. Mr & Mrs Surenson, **Selkie**, Dock 10
6. Pierre Belley, **Toucan Dream**, Hill
7. Mr & Mrs Sheppard, **Happy Days**, Dock 8
8. Luc Girouard, **Inna**, Dock 14
9. Mr & Mrs Youngblood, **Mystic Moon**, Dock 11
10. Mr & Mrs Rausch, **Balimar**, Dock 13
11. Whitney Goit, **Tony's Wind**, Dock 14
12. Mr & Mrs Wenstrom, **Rediscovery II**, Dock 14
13. Matt Ballister, **Doggone It**, Dock 4
14. Mr & Mrs Selby, **Admiral's Choice**, Dock 11
15. James Cavanaugh, **Sun Hunter**, Dock 8
16. Mr & Mrs McCoy, **Megerin**, Dock 6
17. Lane Darnton, **Cielo**, Dock 4
18. Mr & Mrs Harns, **Makarios**, Dock 10

Welcome Back

1. Mr & Mrs Grubenau, **Going Coastal**, Dock 4
2. Larry Higgins, **Attitude**, Dock 4
3. Mr & Mrs Stone, **Floating Stone**, Dock 5
4. Mr & Mrs Burt, **R J Greenstone**, Dock 6
5. Mr & Mrs Longshaw, **Bonnie Lass**, Dock 8
6. Mr & Mrs Freeman, **Serious Endeavor**, Dock 8
7. Mr & Mrs Ray, **New Passage**, Dock 8
8. Mr & Mrs Hathin, **Synergy**, Dock 9
9. Mr & Mrs Harris, **Gail C**, Dock 9
10. Nancy & Judy, **Makara**, Dock 10
11. Mr & Mrs Boehm, **Ellen Leigh**, Dock 10
12. Mr & Mrs Crenshaw, **Satori**, Dock 11
13. Robert Bloecker, **Diggerkat**, Hill
14. Mr & Mrs Armundson, **Surreal**, Dock 10
15. Mr & Mrs Ossoff, **Cronulle**, Dock 14
16. Mr & Mrs Borum, **Sea Dream**, Dock 15
17. Mr & Mrs Craig, **Watermark**, Dock 10
18. Mr & Mrs Seide, **Sidereal Time**, Dock 13
19. Jerry and Diane, **Nightstar**, dock 12